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PERIODONTAL DISEASE FACTS

1. Gum disease (periodontal disease) is the leading cause of adult tooth loss and chronic bad breath (halitosis).
2. Periodontal disease is progressive. This means that the vast majority of cases of periodontal disease will get worse if left untreated.
3. Periodontal disease effects total body health and has been linked to heart disease.
4. Bleeding upon probing is a key indicator of active disease.
5. Smoking makes periodontal disease worse and more difficult to treat.
6. Early and Moderate cases of periodontal disease can be treated with a high degree of success without surgery. This means that treatment is relatively simple, comfortable, and affordable. Advanced cases are more difficult and costly to treat and the results are not as favorable.
7. The single most important factor in achieving successful periodontal treatment is good home care.
8. The Rotodent instrument has been proven in numerous studies to be the most effective electrical or mechanical home care device. The Rotodent is more effective than Sonicare, Braun Oral-B, or the Interplak.
9. Periodontal disease is not “cured”. The goal of periodontal treatment is to control the disease process. If you stop maintaining control the disease process immediately begins again.
10. The most effective periodontal maintenance program following active treatment consists of professional prophylaxis and oral hygiene instruction every three months combined with an effective home care program.