

IV Sedation Post Op Instructions

For the next several (4 – 8) hours or more:

DO NOT

- Drive or operate machinery or power tools or sharp cutting instruments or anything where delayed reflexes and impaired muscle control could be dangerous.
- Do anything that could be harmful should you fall asleep – such as swimming, taking a bath, cooking, smoking, etc.
- Participate in sporting activities where you might be injured if perform poorly, skiing, biking, climbing, etc.
- Place yourself in a position of responsibility for others, such as babysitting.
- Consume alcohol or cold medicine or any other sedatives.
- Self-medicate with pain medication or over-the-counter medications.
- Make any important decisions or sign any legal documents.

DO

- Drink water
- Wear your seat-belt in the car
- Eat small amounts of easily swallowed food if hungry
- Take your medications as prescribed.
- Rest
- Expect to be unstable on your feet. Use handrails and other precautions.
- Follow the written instructions for your specific dental procedure
- Expect short-term memory loss
- Females - be aware that antibiotics may interfere with birth control medications

Most prescription pain medications do cause some stomach upset for some patients. If you are extremely nauseous and/or vomiting, discontinuing the prescription pain medication and substituting an over-the-counter pain medication like Advil/Motrin/ibuprofen will usually resolve the nausea within a couple of hours.

If you have any questions or concerns, please call us. 585-335-2201